

9. Future Meeting

Tuesday 8 December 2020, 1:30 p.m.

For more information, please contact:

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Agenda Item 3

MINUTES OF THE MEETING OF THE HEALTH AND WELLBEING BOARD HELD BY REMOTE VIDEO CONFERENCE ON TUESDAY, 23 JUNE 2020 COMMENCING AT 1.30 PM

PRESENT (BY REMOTE LINK)

J Kaufman Chair



COUNCILLORS

Mrs R H Adams
G A Boulter
J W Boyce
D M Carter (Guest)
F S Ghattoraya
Mrs S Z Haq (Guest)
Miss P V Joshi (Guest)
Mrs L Kaufman
D W Loydall
R E R Morris (Guest)

OFFICERS IN ATTENDANCE (BY REMOTE LINK)

S J Ball	Trainee Solicitor
D M Gill	Head of Law & Democracy / Monitoring Officer
Mrs A Lennox MBE	Head of Community & Wellbeing
K Radford	Community and Wellbeing Manager
S Tucker	Democratic & Electoral Services Manager / Deputy Monitoring Officer

OTHERS IN ATTENDANCE (BY REMOTE LINK)

J Baraclough	Leicestershire County Council
Ms N Davison	Leicestershire County Council
Ms M Flynn	Leicestershire County Council
H Khan	School Sports Partnership, LSLSSP
J Naylor	Parklands Leisure Centre
Dr K Packham	Leicestershire County Council
Dr R Palin	OW Primary Care Network, GP
Ms S Renton	Leicestershire County Council
Ms S Rose	East Leicestershire and Rutland CCG
Ms S Sunner	Leicestershire Partnership Trust (LPT)
Dr V Varakantam	East Leicestershire and Rutland CCG

1. WELCOME BY CHAIRMAN, COUNCILLOR JEFFREY KAUFMAN

The Chair, Cllr Jeffrey Kaufman, welcomed attendees to the meeting.

2. APOLOGIES FOR ABSENCE

- Sgt Steve Power
- Councillor Miss Amandeep Kaur

3. MINUTES OF THE PREVIOUS MEETING

The minutes of the meeting of the HWBB held on 14th January 2020 to be taken as read, confirmed and signed by the Chair.

There were a number of actions from the last meeting as shown below:

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Action: Cllr Adams to **feedback re/ Arriva** at the next meeting
This action will be deferred due to current issues with public transport.

Action: Mary Flynn to **make contact with CAP to explore options for a bus to take groups of people to Parklands** for exercise classes.

Community Action Partnership confirmed they wish to support the community to travel to PLC and indeed confirmed they do provide ad hoc transport for individuals to get to classes at PLC. This matter will be deferred until PLC is up and running.

Action: **Explore options for Exercise Referral on prescription** –to tie up a transport link to the Parkland's referral scheme, **or have a referral swim scheme/gym session at Wigston Pool & Fitness Centre**, or at South Wigston High School in order to keep people in their local community. **Kane Radford** – to investigate this once the leisure centres are up and running again.

Action: Cllr J Kaufman to **confirm what is available at Wigston Pool & Fitness Centre**, and report back at the next meeting. Confirmation that this facility has a 25m 6 lane pool and large fitness activity area available both for members and none members. SLM confirmed their aspiration to work with South Wigston High School on facility development. Meetings have been held, however COVID-19 has impacted on progress. Research was carried out on S.W. and demographic collated to aid access to possible funding streams.

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Action: **Community Engagement event**. Mary Flynn to provide an update after the meeting. **Kane Radford to be involved in the working group**. Completed

Action: Charlotte Cooper and Jacob Humphries **to keep up to date with staffing issues at Homestart Horizon, and support as required** with volunteer recruitment.
Completed

Other actions –: **devise a lung cancer campaign**, due to the results from data collected on males living in South Wigston. Develop a Health campaign /Events Engagement plan, **via the new events working group**, to be actioned in **April 2020**. Event postponed but Kane Radford to progress the campaign action.

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Action: Debbie Preston **First Contact Plus** to meet with Avril Lennox to **increase the levels of participation of referrals** with Oadby and Wigston. Meeting coincided with the start of COVID, virtual meeting to be held.

Action: Charlotte Cooper to **update map with additional venues**. Work towards disseminating the document to ensure all gain use of the sites e.g. Website as a resource (council and Active Oadby and Wigston). Completed

Action: **Update on Selective Licencing:**

The **Council has formally approved the decision** to cover the South Wigston Ward through a Selective Licensing scheme.

Due to Covid 19 there has been a **delay in receiving and processing application** due to the requirement to provide test certificates and the inability of tradespersons to undertake the correct tests. An extended date of 30 Nov has been set for the submission of an application.

The Council currently has 29 applications and is in the process of issuing its first draft licence which will be issued by the 26/6/20. Further information can be found on the council's website.

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Action: **HEALTH IMPROVEMENT TEAM CAMPAIGNS** OWBC to promote this via social media. Completed

4. **IMPACT OF COVID-19 ON OADBY AND WIGSTON**

In addition to the presentation by Natalie Davidson, Dr Katherine Packham also added the following information;

- There is a wide range of information and resources including risk assessments on the www.gov.uk website to support businesses with the 5 ways of working guidelines to ensure their workplaces are Covid 19 Secure.
- The government's Public Health messages on keeping safe from Covid 19 still remain the very important and relevant although these are likely to be updated in the near future.
- The Health Inequalities Action Plan which is in progress needs to continue, particularly in view of the impacts of Covid 19.

Following the presentations a number of questions were asked by Councillors, the responses are summarised below;

- Oadby could have higher Covid 19 figures because of its older population and the fact there are more care homes in the area. Unfortunately at the moment the data cannot be split any lower than MSOA level.
- It is probably not a coincidence that the data is similar to that of the city as the Borough has similar population density.
- Multiple national studies have shown that many people who have died from Covid 19 also have other co morbidities.
- The Public Health messages will most likely change and will be targeted to different communities, and community leaders will play a big part in communicating these messages when appropriate.
- There isn't local available data at the moment on patients who have recovered from Covid 19 but some insight has shown that in some cases patients are likely to have long lasting effects from the virus and will have to relearn certain tasks such as walking.

4a. Impact of Covid 19 on GP Surgeries and Hospitals – by Dr Vivek Varankantam and Dr Richard Palin

A presentation was delivered by Dr Vivek Varankantam and Dr Richard Palin on behalf of the different Primary Care Networks (PCN) in the Borough, on the impact Covid 19 has had to their working practices and their engagement with patients.

- The NHS has gone to a command and control system where they receive

guidance direct from the Government.

- Patients can't go into a GP practice at the moment unless for a pre-arranged appointment. This is to protect staff and patients but all the practices are open as a virtual service.
- GP Practices have put patients into different cohorts to treat them depending on their circumstances i.e. the shielded group. GP's have spent a lot of time refining these lists and ensuring they are accurate.
- All GP Practices have gone to total triage model and are reviewing each patient virtually and via email first to determine which method of treatment is required.
- The East Leicestershire CCG have set up the Oadby and Wigston Walk In Centre as a Hot Hub which is for patients they believe have Covid 19, as they want to see them all in one place.
- A home visiting service has been established to treat patients that are both Covid 19 positive and negative when appropriate.
- Hospitals and Mental Health Trusts have gone to virtual and telephone calls to treat patients.
- Hospitals and GP Practices are now in the stage of trying to normalise primary and secondary care for patients and bring on as many services as possible safely.
- All prescriptions are now being processed electronically
- Local practices have embraced virtual, telephone and online services really well and are now seeing 95% of their patients this way. Practices want to continue this way of working to a certain degree.
- GP Practices are supporting patients in Care Homes.
- Local practices are already organising their Winter Flu Clinics but this process is complex as this would require patients who are vulnerable to Covid 19 to come into the surgery.
- All GP Practices are learning from the experience in order to manage a second outbreak or wave if it occurs.
- Smoking and Weight Management online services are up and running again.
- Cancer services have been maintained in the hospitals, the main message is that if you think you have Cancer you must go to your GP.
- The main way the virus is transmitted is through coughing or getting droplets onto your hands and putting them into your mouth. Stainless steel is the material which the virus can live on the longest (72 hours). This is why handwashing is really key in stopping the spread of the virus and why some physical items will need to be quarantined.

4b. Impact of Covid 19 on Social Prescribing and Local Area Coordination Services Presentation by Mary Flynn, Sue Renton and John Barraclough.

4c. Oadby and Wigston Borough Council Community Hub Presentation by

David Gill

- The Community Hub was set up in response to the Covid 19 Pandemic in order to support vulnerable residents in the Borough.
- Nearly 8,000 potentially vulnerable residents were contacted by either phone or letter.
- Initially the Community Hub was operating 7 days per week between the hours of 7am – 7pm which was the only model of this kind in the County. The hours have now been reduced to weekdays 9am – 5pm due to a decrease in demand.
- Over 150 individual volunteers and 37 voluntary groups were recruited to support vulnerable residents.
- Over 800 referrals have been completed by volunteers.
- The main areas of support given to residents is shopping collection, prescription collection, food bank referrals, mental health support, befriending support and financial assessments.
- The Council is currently engaging with the volunteers in order to retain as many as possible for other volunteering roles. **Action: Kane Radford to arrange a meeting with VAL, LAC's and Social Prescribers to discuss how to retain external volunteers.**

5. HEALTH INEQUALITIES ACTION PLAN

Events and Campaigns Sub Group – Wellfest Update by Mary Flynn

- The Wellfest – health and wellbeing festival was due to be held on the 16th May in the South Wigston Health Centre, Blaby Road Park and Tesco's car park.
- It was postponed due to Covid 19.
- A wide range of professional and voluntary sector services were due to promote and deliver health and wellbeing activities and services on the different sites.
- **Action: Sue Renton to arrange a Wellfest Working Group meeting to discuss different options around the delivery of a virtual or physical festival.**

5.a Health Inequalities Action Plan - Education Sub Group Update by Hussein Khan

The first Education task and finish group took place on 15/01/20. The meeting was well attended, school staff and LCC partners attended. Discussion focussed on the direction of the task and finish group Initial themes for the group are as follows:

- Physical Activity
- Obesity/Healthy Weight
- Mental Health
- Smoking, Alcohol and Substance Misuse
- Sexual Health
- Oral Health
- Aspiration/Career Advice/Further Education

It was discussed that the following themes should be added:

- Pupil Premium
- Families who just miss out on Free School Meals and are in danger of in-work poverty
- Debt
- Housing
- Financial Wellbeing, as this is no longer taught in schools
- Lack of ambition and having “real-world ambitions”
- Employment and employability
- Links between Sexual Health and Cancer prevention through Cervical Screening

For the second meeting more partners/organisations were invited including JHOOTs and the Dentists in South Wigston. The second meeting was due to take place on 23/03/20 but this has been postponed due to COVID-19. Hussein hopes to set up a meeting for September as Schools are currently working on a recovery curriculum to support children and young people back into school focusing on supporting student’s mental health.

6. ANY OTHER BUSINESS

Not applicable.

7. FUTURE MEETING

Tuesday, 22 September 2020

THE MEETING CLOSED AT 3.38 PM



Chair

Tuesday, 22 September 2020

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Oadby and Wigston Health and Wellbeing Board – Action Plan (updated 17 June 2020):

No	Action	Responsible person/org.	Comments	Status
1	Recommendation 1: Developing further understanding Further explore whether it is possible to evaluate the population data in different ways e.g. by GP practice in order to develop a better understanding of Oadby, Wigston and South Wigston as separate communities.	Dr Kath Packham	Health profiles for the three towns have now been produced, it was agreed that splitting the data further down to GP level wouldn't provide any further detail so this action is now complete.	Complete
2	Recommendation 2: Oadby & Wigston BC Health and Wellbeing Board Consider reviewing the Oadby & Wigston Borough Council Health and Wellbeing Board Terms of Reference , including attendance list, action plan governance, the use of task and finish groups and wider partner communication.	Avril Lennox	Terms of Reference have been revised and the Core Membership of the Board has been agreed. Task and finish groups in place.	Complete
3	Recommendation 3: Connecting the Three Communities Explore the possibility of improved transport link between South Wigston, Wigston and Oadby. i.e. public transport and volunteer transport for specific events/activities (e.g. activities at Parklands Leisure Centre). Consider a leaflet containing information for health professionals and residents regarding all transport options , including public transport and voluntary transport.	Cllr Boulter	Cllr Boulter/ Adams in discussion with Arriva about potential transport from Wigston to South Wigston. Community Action Partnership transport details circulated & available to residents.	Ongoing
		Cllr Kaufman	Cllr Kaufman circulated an existing bus route map/timetable.	Complete
4	Recommendation 4: Community Engagement Consider developing a programme of engagement events in the local communities such as health and wellbeing fairs and community health checks in accessible places such as supermarkets and community spaces. Link to the Health and Wellbeing Board action plan, to increase communication, collaboration and co-ordination across organisations.	Wigston events group	HWBB to support both the South Wigston Health Centre and Two Steeples Surgery Health Fairs. (2 events per year) Action – devise Lung Cancer campaign (due to results from data collection for males living in South Wigston).	Delayed due to COVID Date TBC
5	Recommendation 5: Education Raise awareness of the health inequalities in the local education settings across the district by sharing the health inequalities review and ensuring an Education representative on the Health and Wellbeing Board. Review local schools and nurseries progress on the "Leicestershire	Hussein Khan	HWBB Education sub-group set up, Chaired by Hussein Khan. Work plan and meetings ongoing.	Complete Work Ongoing

	Healthy Schools" and "Leicestershire Healthy Tots" programmes. Potential ambition could be for all schools to have enhanced Healthy Schools status and nurseries to have Healthy Tots accreditation.			
6	<p>Recommendation 6a: Social Prescribing Ensure Primary Care Network (PCNs) potential social prescribing funding is fully maximised by considering how it links to the current Leicestershire social prescribing system, including First Contact Plus, Local Area Coordinators and care coordinators.</p> <p>Embed Making Every Contact Count (MECC) across partner agencies to support social prescribing and for staff to embed prevention conversations and appropriate referrals to prevention services as a core part of their role.</p>	<p>Sharon Rose</p> <p>Avril Lennox</p>	<p>Two new PCN Social Prescribers in post and supporting the aims of the HWBB/ Health Inequalities.</p> <p>First Contact Plus training to be provided to key staff/organisations to increase referrals.</p>	<p>Ongoing</p> <p>Delayed due to COVID</p>
7	<p>Recommendation 6b: Improving Communication: Across organisations and with local residents Explore the possibility of creating one single resource, such as an online directory, which contains detailed information on all local public, community and voluntary services in the Oadby and Wigston area. This may be used by professionals and residents. Consideration is needed to maintain the resource in a timely way.</p>	<p>Kane Radford</p>	<p>LCC Directory of Service is currently being updated, once complete it can be promoted locally. Access to a wide range of public health campaign resources also to be available.</p>	<p>Ongoing</p>
8	<p>Recommendation 7: South Wigston Health Centre ELR CCG to review and prioritise opportunities to re-develop the South Wigston Health Centre building. This may include potential space for a community asset/room to deliver social prescribing within the heart of the community.</p>	<p>Dr Vivek Varakantam</p>	<p>Board updated about the Section106 process by the Planning and Economic Regeneration team.</p>	<p>Ongoing</p>
9	<p>Recommendation 8: Community Spaces Review the social value element of a range of public sector contracts to identify any community assets/ spaces within the area that could support social prescribing and community development. Consider small non-recurrent funding streams to support hiring private venues if no local free assets are available.</p>	<p>Jacob Humphries</p>	<p>Mapping exercise completed and document circulated. A range of community venues are available for use.</p> <p>Work ongoing for access to funding streams to support private hire.</p>	<p>Complete</p> <p>Ongoing</p>
10	<p>Recommendation 9: Housing Housing was felt to impact upon health inequalities and individuals commented that there has been "massive" expansion of housing in the local area with 'no thought' for health services.</p>	<p>Tony Cawthorne</p>	<p>OWBC Selective Licensing scheme currently taking place in South Wigston, which will help to improve the condition of properties.</p>	<p>Ongoing</p>

	In South Wigston there is more social housing, and that many of the privately rented housing stock is in poor condition, including homes with damp and no central heating.			
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